

# **Adopt an A.A. Treatment Meeting**

## **Suggested Guidelines**

### **For an A.A. Home Group**

- 1. Have your A.A. Home Group select a Treatment Liaison or Chair (and an alternate is advisable) to the District 10 Treatment Committee with at least a year of sobriety and having worked the 12 Steps. Advise the treatment committee of any new group rotation chairs/liaisons and contact information as soon as they occur.**
- 2. Select a specific Treatment Facility day and time slot to adopt as a permanent commitment and coordinate with the District 10 Treatment Chair. ([Treatment@District10Miami.org](mailto:Treatment@District10Miami.org))**
- 3. Your group Treatment Chair/Liaison insures that every A.A. meeting is chaired by a facilitator A.A. member with at least one year sobriety. They may be accompanied by up to a maximum of 3 guest speakers with at least 90 days sobriety, but they may not replace the facilitator.  
(Sign up calendars work very well posted on your group's service board.)**
- 4. Your group Treatment Chair/Liaison insures every participant has a copy of the Treatment Facility's Guidelines and Meeting Format before attending their first meeting. While there, they will have use of the on-site *A.A. Meeting Leader's Guidebook*.**
- 5. Attend and advise the District 10 Treatment Committee monthly, or as needed, of any facility requests, needs or changes of service.**
- 6. Be familiar with our standard Treatment *Prudent Practices*.**

## Prudent Practices:

***You may be the only Big Book anyone sees and hears.***

### **A. Cancellation of Service:**

If you are unable to keep your meeting commitment day, and are unable to find a replacement facilitator, please call the facility key contact in a timely manner, so the patients/residents are not assembled for the meeting. If you have to step down from continuing your service commitment and need help finding a replacement, please contact the District 10 Treatment Committee via email at: [Treatment@District10miami.org](mailto:Treatment@District10miami.org)

### **B. Suggested Don'ts:**

- + Solicit members
- + Make medical or psychological diagnosis or prognosis
- + Offer spiritual or religious services
- + Engage in education about alcohol
- + Provide housing, food, clothing, jobs, money or any other welfare or social services
- + Provide domestic or social counseling
- + Accept any money for services or any contributions from non- A.A. sources
- + Use profanity.
- + **Critique the procedures of the facility while there**-- We are invited guests. (Alert the treatment committee of any concerns.)

### **C. Prescribed Medication:**

Well-meaning A.A.'s often discourage other A.A.s from taking prescribed medication which they mistakenly identify as being harmful. In the pamphlet "The A.A. Member— Medications and Other Drugs," A.A. members are cautioned not to assume the role of doctors in "prescribing" to other A.A.'s.

*We are not doctors* is also an extremely important guideline for A.A.'s who carry the message into treatment facilities. There should be no interference by A.A. members with the policies of treatment facilities regarding the use of medication. The administrator of a facility and the Treatment Committee member has already agreed upon this before A.A. is given permission to hold meetings within the facility. Therefore, A.A. members who "prescribe" to patients in the facility are jeopardizing the very existence of the A.A. meeting within that facility. Remember—A.A.'s are invited guests! "Our primary purpose is to stay sober and help other alcoholics to achieve sobriety.

### **D. Follow-up and Feedback:**

1. Please ask the facility staff member present if there is anything the treatment committee might do to improve our service.
2. Please advise the District 10 Treatment Committee of problems, needs and suggestions via email so we may all benefit from improving our service. [Treatment@District10Miami.org](mailto:Treatment@District10Miami.org)
3. For detailed information about all our A.A. Treatment services, go to our District 10 website at [District10miami.org](http://District10miami.org) and click on **Member Services** and then the **Treatment** tabs.

**You are welcome to attend the monthly Treatment Committee meetings at the Coral Room at 3 pm 2nd Sat. each month.**

