

## Help Us to Help You Upon Discharge

Bridging the Gap is a temporary contact program that “Bridges the Gap” from the moment of discharge from your treatment facility into the A.A. fellowship anywhere in the U.S. & Canada. We of Alcoholics Anonymous are extending a hand of welcome to ease you into the fellowship we all crave. You never have to be alone in your journey of sobriety.

We too thought that attending our first A.A. meeting or even coming back after a relapse might be an uncomfortable experience. We all asked ourselves:

- Where will I find a comfortable meeting?
- Will I fit in?
- Am I too different?
- Who can I trust?
- What do I do?

We all felt the same way. Many balk seeking help in the crucial first 24 hours after discharge and fail to make it in sobriety.

The point is that **you are not alone.**

We are simply a volunteer group of sober like-minded alcoholics willing to help you “bridge” that critical time if you desire to stop drinking and seek to enjoy sober living.



## How Bridging the Gap Works

After contacting us, a gender-appropriate A.A. volunteer is assigned as your key contact just before or at time of your discharge. They will accompany you ASAP to your first A.A. meeting close to where you live. They will help you by:

- Finding a comfortable home group
- Meeting members & getting contact info.
- Arranging transportation
- Introducing you to A.A. literature
- Explaining sponsorship & what it means
- Explaining the A.A. 12 Step program

As a *temporary* contact, your A.A. service volunteer will assist you in the first week after discharge to comfortably fit into our fellowship that is so supportive in our own sobriety.

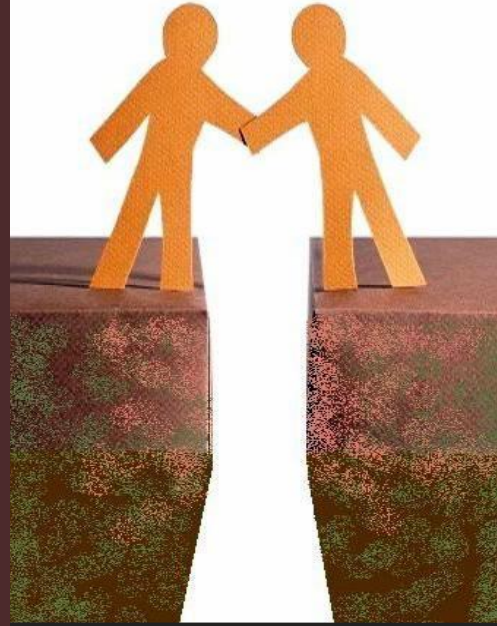
Our volunteer service group of alcoholics is helping folks who desire to stop drinking. We are not affiliated with any treatment facility, or other entity.

**We safeguard your anonymity.**

**Request Help Now !  
Before Discharge**

**Call/Text 786-529-4284**

# BRIDGING THE GAP



Bridging the Gap between a  
treatment program and the  
A.A. Fellowship



**MIAMI-DADE, FLORIDA**

**District 10, Area 15**

**786-529-4284**