



# Bridging The Gap Is Here To HELP

If you wish to make the transition from treatment to the program of A.A. closest to where you are, an A.A. member can accompany you to a meeting near you and introduce you to an A.A. group, almost **anywhere** in the U.S. and Canada.

*Those of us who were once where you are found that the distance (or "gap") between the door behind you and the door to the nearest AA meeting needed a connection, a link, a bridge.*

Today's Date \_\_\_\_\_

Facility Name \_\_\_\_\_

Your First Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Home Phone (\_\_\_\_\_) \_\_\_\_\_

Mobile Phone(\_\_\_\_\_) \_\_\_\_\_

Language \_\_\_\_\_ Gender \_\_\_\_\_

Discharge Date \_\_\_\_\_

- An A.A. member will be in touch with you. -

*Getting back to real world isn't always easy.*

We know this and we know that the people you will meet in your first few days out can make all the difference. *We are alcoholics.* If you have a desire to stop drinking, you can contact us by calling the number on this pamphlet. We look forward to hearing from you. **Try to call before discharge so we can arrange an A.A. member to contact you.**

*"A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety."*

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***The only requirement for  
membership in A.A.  
is a desire to stop drinking.***



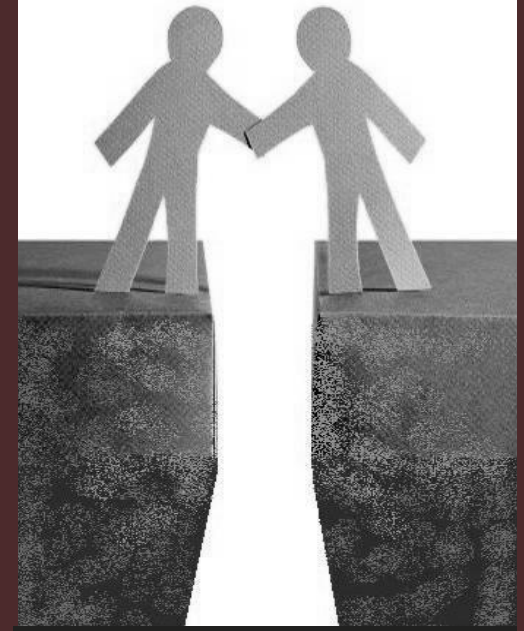
**Bridging  
The Gap**

**786-529-4284**

BridgingtheGap@district10miami.org

Offered by Alcoholics Anonymous, District 10, Area 15

# BRIDGING THE GAP



Bridging the Gap between a  
treatment program and the  
A.A. Fellowship



**MIAMI-DADE, FLORIDA**

**District 10, Area 15**

**786-529-4284**



## Help Us to Help You Upon Discharge

Bridging the Gap is a temporary contact program that “Bridges the Gap” from the moment of discharge from your treatment facility into the A.A. fellowship anywhere in the U.S. & Canada. We of Alcoholics Anonymous are extending a hand of welcome to ease you into the fellowship we all crave. You never have to be alone in your journey of sobriety.

We too thought that attending our first A.A. meeting or even coming back after a relapse might be an uncomfortable experience. We all asked ourselves:

Where will I find a comfortable meeting?

Will I fit in?

Am I too different?

Who can I trust?

What do I do?

We all felt the same way. Many balk seeking help in the crucial first 24 hours after discharge and fail to make it in sobriety.

The point is that **you are not alone.**

We are simply a volunteer group of sober like-minded alcoholics willing to help you “bridge” that critical time if you desire to stop drinking and seek to enjoy sober living.



## How Bridging the Gap Works

After contacting us, a gender-appropriate A.A. volunteer is assigned as your key contact just before or at time of your discharge. They will accompany you ASAP to your first A.A. meeting close to where you live. They will help you by:

- Finding a comfortable home group
- Meeting members & getting contact info.
- Arranging transportation
- Introducing you to A.A. literature
- Explaining sponsorship & what it means
- Explaining the A.A. 12 Step program

As a *temporary* contact, your A.A. service volunteer will assist you in the first week after discharge to comfortably fit into our fellowship that is so supportive in our own sobriety.

Our volunteer service group of alcoholics is helping folks who desire to stop drinking. We are not affiliated with any treatment facility, or other entity.

**We safeguard your anonymity.**

**Request Help Now !  
Before Discharge**

**Call / Text 786-529-4284**

## To Begin Help and Request Contact

Call or text the following phone number to request help from an A.A. volunteer. A Bridging the Gap coordinator will assign you a gender-appropriate volunteer. Your A.A. temporary service volunteer will contact you shortly.

**Call/Text 786-529-4284**

**We respect your anonymity. Our primary purpose is to stay sober and help other alcoholics achieve sobriety.**

Please fill out the information on the back page and **call, photograph, scan, and/or text the information to 786-529-4284** right from this facility before you are discharged. You will be contacted by a volunteer who will arrange to take you to a meeting even if you’ve never been to A.A.

Also, you may hand this information to the A.A. member(s) bringing A.A. meetings to this facility or email it to:

BridgingtheGap@district10miami.org

